

About the Run

- This is the first running event organized by TSEZ to ensure healthy lives and promote wellbeing for the communities around TSEZ and to develop engagement in societies of community and business.
- The race will see two categories - the 10KM Competitive for amateur runners and a 5 KM Fun Run category for beginner runners of both Myanmar and Internationals, to experience the event with a leisurely run.
- Through this race, participants will get to know the importance of physical exercises, well-being conditions and important factors when running. Running aside, there are also fun activities to engage both our partners and runners alike.

Race Information

- Date : 3 November 2019
- Time : 6:00 AM
- Venue : TSEZ Zone A Main Gate

Prizes

It is a part of community support program; cash prizes will only go to community local people.

	10 KM Challenge Myanmar Nationals (Men's/Women's)	10 KM Challenge Internationals (Men's/Women's)	5 KM Fun Run Myanmar Nationals (Men's/Women's)	5 KM Fun Run Internationals (Men's/Women's)
1 st	Gold Medal + 500,000 MMK worth prize	Gold Medal + sponsored products	Gold Medal + 300,000 MMK worth prize	Gold Medal + sponsored products
2 nd	Silver Medal + 300,000 MMK worth prize	Silver Medal + sponsored products	Silver Medal + 200,000 MMK worth prize	Silver Medal + sponsored products
3 rd	Bronze Medal+ 200,000 MMK worth prize	Bronze Medal + sponsored products	Bronze Medal+ 100,000 MMK worth prize	Bronze Medal + sponsored products
1 st Runner up	100,000 MMK worth prize	sponsored products	75,000 MMK worth prize	sponsored products
2 nd Runner up	75,000 MMK worth prize	sponsored products	50,000 MMK worth prize	sponsored products

Rules and Regulations

Registration Fees

1. Registration fees for each participant is 2,000 MMK.
2. Participant must enroll registration fees together with registration form.
3. For those who make online registration, registration fees must be transferred to CB Bank Account No. 0106100500000035 of Myanmar Japan Thilawa Development Limited.

Registration

1. All TSEZ Community Run 2019 participants must submit their registration through the MJTD office and Village/Ward Administrative Offices of Shwe Pyi Thar Yar, Aye Mya Thida, Nyaung Waing, Thidar Myaing, Shwe Pyauk, Ah Lun Soke, Let Yat San and Hpa Yar Gon or download the registration form through the website: <https://www.mjtd.com.mm/> and submit to communityrelation@mjtd.com.mm together with the proof of bank transfer of registration fees.
2. Participants who register at the on-site office must fill all fields on the manual registration form and no other forms of registration are allowed.
3. The Race Organizer shall not be responsible for any disputes arising from incomplete entry details.
4. The Race Organizer reserve the right to limit and refuse entries without assigning any reasons thereof.
5. The Participant agrees to: (i) provide true, accurate, current and complete information about the Participant contained in the registration form; and (ii) maintain and promptly update the Personal Information to keep it true, accurate, current and complete. The Race Organizer may contact the Participant from time to time by email/phone call. Any notice sent to the email address registered with the Race Organizer shall be deemed as received by the Participant.
6. If the Participant provides any information that is untrue, inaccurate, not current or incomplete, or if the Race Organizer has grounds to suspect that such information is untrue, inaccurate, not current or incomplete, the Race Organizer may suspend or terminate the Participant's registration and refuse any and all future registration to any of TSEZ Community Run.
7. No changes to registration details once registration is completed. (Exemption would only be made for crucial details, e.g. Emergency contact person)
8. All race entries are based on a first-come first-served basis unless otherwise stated.
9. Each individual is only allowed to participate in one competitive category.

Age Requirements

1. A participant must be 16 years and above on the race day to participate in the 10KM Challenge category and must be 12 years and above on the race day to participate in the 5 KM Challenge category.
2. Any participant below the age of 18 is required to seek parental/guardian agreement and signature in the registration form as consent of participation in the race.

Race Category: Flag – Off and Cut – Off time

Race Category	Flag – Off time	Cut – Off time
10 KM Challenge	6: 15 AM	2.5 Hours (2 Hrs and 30 Mins)
5 KM Fun Run	6: 45 AM	1.25 Hours (1Hr and 15 Mins)

Runner Entitlements

1. All registered participants shall be provided to the following entitlements.
 - (a) Running shirt and assigned Bib Number
 - (b) Race Information
 - (c) Sponsor products
 - (d) Finisher medal upon successful completion of the run within the stipulated cut-off time

Race Entry Pack Collection

1. It is mandatory for all participants to collect their Race Entry Packs within the dates of collection period. Participants will need to bring along a photo ID and official receipt for the collection of Race Entry Packs at the MJTD office and/ or respective ward/village administrator office of Shwe Pyi Thar Yar, Aye Mya Thida, Nyaung Waing, Thidar Myaing, Shwe Pyauk, Ah Lun Soke, Let Yat San and Hpa Yar Kone. The Organizer reserves the right to refuse participants without the required documents from collecting their entry packs. (Date, Time and place to collect race entry pack will be announced in separately)
2. The Race Organizer shall not be liable for any other loss or inconvenience caused, due to Participants' inability to collect their Race Entry Pack. At all times, it is the responsibility of the Participant to collect his or her Race Entry Pack during the Collection Period. Race Entry Packs not collected during the Collection Period will be deemed to be unwanted, and the Race Organizer shall be at liberty to dispose or re-distribute them accordingly.
3. **FOR ONLINE REGISTERED AND FOREIGN PARTICIPANTS: Late Race Entry Pack Collection is available for those participants – Internationals and online registered participants on race day. Race Pack Collection Counter will be serviced from 5:00 am to 6:00 am on the race day. [The counter shall be closed on 6:00 am]**

Race Day

General

1. All registered runners are solely responsible for their personal possessions and athletic equipment during the Event and its related activities.
2. The Race Organizer will not be responsible for any loss and/or damage, personal or otherwise, to the belongings and items deposited at the baggage deposit facility. The Race Organizer also reserves the right to open and examine any item or baggage deposited for security purpose.
3. Only registered runners wearing their assigned Bib Number will be allowed on the race course. Race Bibs are strictly non-transferable. The Race Organizer reserves the right to disqualify and/or refuse entry into the start pen for entries that had been transferred.
4. The Race Bib **MUST** be centrally positioned at the front of the race tee and **MUST** be worn throughout the entire race. The Bib Number **MUST** be visible at all times. Do not cut or fold or deface the Race Bib with stickers, markers or any writing on it, doing so will result in a disqualification.
5. Race Timings will be manually recorded by Judges and volunteers from Sport and Physical Education Department with the proper checking procedure. Race timings will **NOT** be issued.
6. Runners who are not in the right track or do not reach the check points or if they are not recorded at each check points, will not be able to receive their finishing results and medals.
7. Participants are strongly encouraged to seed themselves into the start pen according to their projected pace. The faster runners should be at the front and slower runners should be at the back.
8. Registered Runners who missed the flag-off time or who do not start within 15 minutes of their category will not be allowed to participate and will automatically be disqualified from the race.
9. No Pets (horses, dogs, cats or other animals) or any form of wheel- run objects of transport e.g. jogging strollers, walking strollers, roller blades, bicycles, scooters, prams, push cars, shoes with built-in or attached rollers and skateboards, are not permitted on the course, except for official race and medical vehicles.
10. The Race Organizer reserves the right to remove any participant deemed, in the Race Organizer's sole discretion, physically incapable of continuing with the race to prevent him/her from causing greater harm or injury to himself/herself or others.
11. The Race Organizer reserves the right to make any amendments to the race route that is deemed necessary for reasons of safety or requests made by local authority, police or any emergency service.
12. The Race Organizer reserves the right to delay the commencement of the race in the event of inclement weather. Should inclement weather persist after a delayed start, the Race Organizer reserves the right to cancel the race in the Race Organizer's sole discretion without further obligations.

13. Registered Runners who accept any assistance from any other person may be disqualified. Protests related to actions of any race official or runner will be accepted only in written form. Verbal protests will not receive responses. All decisions of the Race Organizer are binding.
14. Registered runners are to complete their respective races within the following cut-off times; otherwise they will be deemed disqualified. Should they be allowed to continue after the cut-off time, the Race Organizer cannot guarantee their safety.
10 KM Challenge [2 Hours and 30 Minutes/ 8:45 AM]
5 KM Fun Run [1 Hour and 15 minutes/8:00 AM]

NOTE: The staggered cut-off times at selected section of the road are for the safety of our runners.

Anti-Doping Test

1. All prize winners are subjected to the random selection anti-doping test at National Health Laboratory or specific laboratory center for the presence of substances, drugs, medications and methods listed on the Prohibited List.
2. Participant tested positive of the presence of a prohibited substance or its metabolites or markers in its sample will be disqualified and barred from future edition of TSEZ Community Run.
3. It is the participant's responsibility to ensure that no prohibited substance, drug or medication enter his or her body. Not knowing they have taken something is not excusable under the Rules & Regulations.
4. Any participants found in possession of prohibited substances or methods, will be disqualified, even if they have not taken the substance or used the method.
5. If any participant needs to take a prohibited substance or use a prohibited method for health reasons, they must submit the relevant documentation before the Race Day and apply for a Health Reason Exemption.
6. Refusal or failure to submit to the anti-doping test without compelling justification will result in the participant been disqualified and barred from future edition of TSEZ Community Run.
7. Any participant found to be tampering or interfering with the anti-doping test process will be disqualified and barred from future edition of TSEZ Community Run.

Prizes

1. Registered Runners will only be entitled to win the prize of their respective registered race category.
2. Each runner is allowed only one prize.
3. There will be strictly no transfer of prize between race categories. Prize which worth certain amount of money is only for the community (locals) and it will not be presented to all International Winners but all the winners will be awarded the respective winning medals to each category.

4. Winners of all categories will be based on their respective GUN TIMES.
5. The Race Organizer reserves the right to award the prizes according to allocated race categories.
6. The winning prize will be presented to the Race Winners after prize awarding ceremony at the prize giving counter.
7. Prizes must be taken, in the forms as presented by the Race Organizer. They are not transferable or exchangeable for cash.
8. All appeals regarding the race ranking of Prize Winners must be lodged within 10 minutes after the conclusion of the prize presentation.
9. The Race Organizer reserves the right to replace any winner if he or she is found to be disqualified.

Participant's Entitlements

1. All Participants who successfully complete the race in his or her chosen race category will be awarded a Finisher's Medal upon the presentation of his or her race bib to the respective officials.
2. Some finishers presents are upon successful completion of the run within the stipulated cut-off time on race day and are subject to availability and is on a first come first serve basis.
3. All Finisher's Medals are to be collected on the race day. No requests thereafter will be entertained.
4. The entitlement of the finishers will not apply to Participants who are unable to complete the race within the stipulated cut-off timings, are disqualified or did not complete the race.

Cancellation

1. Upon the completion of a successful registration, there will be no consideration for a Participant who does not eventually take part in the race, for any reason whatsoever.
2. Participants are strictly not allowed to transfer his or her race entry to another party.
3. No change of race category is allowed after registration is completed.
4. The organizers shall have the rights to refuse for the participants who do not take part in the race after collection of race pack in further TSEZ Community Run.
5. TSEZ Community Running Event is intended to community people in order to raise their awareness on physical exercise and health care activities. Also, the number of participants are limited to be accepted in the race, therefore, if the registered person cannot be available to participate in the event day, it will be better to inform the Event Organizer in well ahead of time, for the sake of giving the chance to others who are willing to participate in the event.

Others

1. TSEZ Community Run 2019 Organizer shall assume no liability or responsibility for the acts or defaults of the locator(s) or defects in the goods and services offered in the any of the race's promotions. TSEZ Community Run 2019 and the Race Organizer are not an agent of the locator(s) who are directly or indirectly involved with the race. Any dispute(s) about the quality or service standards must be resolved directly with the respective locator(s). The locator(s) may impose conditions for the redemption of the goods or services.
2. TSEZ Community Run 2019 Organizer will not be responsible for any injury, loss or damage suffered as a result of the redemption or usage of the goods and services. TSEZ Community Run 2019 and the Race organizer make no representation or warranty whether expressed or implied, and accept no responsibility or reliability for its incompleteness or inaccuracy. Due efforts have been made to verify that all information is correct at the time of publication.
3. TSEZ Community Run 2019 Organizer reserves the right to use any photographs, motion pictures, recordings, or any other media recordings of participants (including, but not limited to, those of runners, runners' supporters, volunteers and partners) of the TSEZ Community Run 2019, for any legitimate purpose, including commercial advertising. All copyright and intellectual property rights in and to the aforementioned belong to TSEZ Community Run 2019 and the Race organizer.

Contact

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